

THE WE-STUDY

Do injections with botox make walking easier for children with CP?

WHY DO WE ASK YOU TO PARTICIPATE IN THIS INVESTIGATION?

The WE-study is an investigation that is called a research project. We are asking your parents if they think it is okay that you participate. If your parents allow you to participate, we hope you also will agree. What we would like to investigate, is if the botox injections you are getting in the calves really works the way they are supposed to. Especially, we would like to find out if this treatment makes walking easier for children with CP, and thus easier to attend activities with friends.

WHAT WILL HAPPEN IF YOU PARTICIPATE?

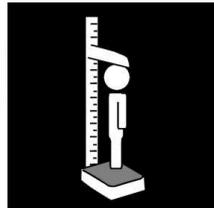
If your parents think it is okay and you agree to participate, it means you have to come to the hospital five times.

This is what will happen the first, third, fourth and fifth time you come:

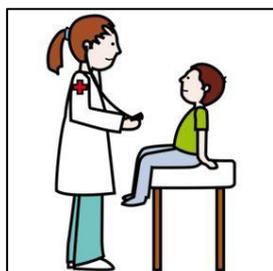
The things we are going to do will take two or three hours and your parents can join in on everything.



Firstly, a grownup will talk with you and your parents.



Then we will measure how heavy and tall you are.



Additionally, we will measure the lengths of your legs both in lying and sitting position.



Then we will attach two small chips on you, one on your back and the other one to your thigh. These chips register how much you are move and they are supposed to stay there for a week.



At the end we will measure how easy it is for you to walk. This we will do by letting you breathe through a blue mask like the one in the picture and attaching some stickers to your legs.

The second time you come, we will do this:

This visit takes about one hour and your parents can join this time also.



Now you will receive injections in one or both calves. If you have had botox injections earlier, you know how this is done.

We are not sure if botox actually makes walking easier. Because of that, some of the participants in The WE-study receive injections with saline instead of botox. Neither you, your parents, the doctor giving the injections or the persons who do the tests on you know if you get botox or saline. It is a secret. In total, there are 96 children and adolescents from 4-17 years participating in the study. Half of them receive botox and the other half saline. When all participants have been tested we will find out who had botox and who had saline. Both injections with botox and saline can be painfull, but you can have local anesthesia on your skin to prevent this.

DO YOU WANT TO JOIN THE WE-STUDY?

If you have any questions, you or your parents can call Anne Elisabeth Ross Raftemo (tel.: 92064296) or Siri Merete Brændvik (tel.: 72573830 / 93426016). You and your parents decide if you will participate in the study. Even if you say yes to participation now, you can change your mind at any time without us having to know the reason why.